

## Soup Nutsy® PURVEYOR OF WORLD GOURMET SOUPS

## CAJUN CHICKEN GUMBO

## **Nutrition Facts**

Per 1 cup (227g) serving

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|--------------------------------------|---------------|
| Amount                               | % Daily Value |
| Calories 98                          |               |
| Total Fat 1 g                        | 2 %           |
| Saturated Fat 0 g<br>+ Trans Fat 0 g | 2 %           |
| Cholesterol 20 mg                    |               |
| Sodium 600 mg                        | 25 %          |
| Total Carbohydrate 14 g              | 5 %           |
| Dietary Fibre 2 g                    | 7 %           |
| Sugars 3 g                           |               |
| Protein 9 g                          |               |
| Vitamin A:                           | 3 %           |
| Vitamin C:                           | 3 %           |
| Calcium:                             | 5 %           |
| Iron:                                | 2 %           |

Nutritional information has been calculated by a third-party software and is accurate based upon information and belief. However, no warranty, expressed or implied is intended.